

#WhereAreTheyNow

Cochrane Mid-Career Professionals share their story and advice
An initiative by the Cochrane's Early Career Professionals

Dr Meghan Bohren, based in Australia, is a Senior Research Fellow in Gender and Women's Health at the University of Melbourne and an Editor with Cochrane Effective Practice and Organisation of Care (EPOC). Meghan is a mid-career professional and sat down with the [Cochrane Early Career Professionals \(ECP\) group](#) and shared some thoughts as part of the [#WhereAreTheyNow](#) series.



How did you first get involved with Cochrane and what do you do now?

I was first introduced to Cochrane while I was a PhD student and working with Metin Gülmezoglu at the WHO Department of Sexual and Reproductive Health and Research. At the time we were exploring how to better integrate qualitative evidence into WHO guidelines, in order to better understand people's values, preferences and experiences of healthcare, as well as factors affecting implementation of interventions or models of care. Claire Glenton and Simon Lewin have mentored me in this space, and I was excited to join Cochrane Effective Practice and Organisation of Care as an editor in 2015.

What benefits have you gained from being involved with Cochrane?

A global and multi-disciplinary professional community of people who find the same nerdy things as interesting as I do! One of the greatest benefits is the collegial atmosphere that encourages knowledge sharing and learning, and having fun while doing it.

What would your message be to Early Career Professionals who want to get involved with Cochrane's work but not sure where to start....?

Having a mentor or supervisor who supports you to navigate the process of conducting a review and how Cochrane reviews feed into decision-making processes. When you understand how your evidence is to be used, it is much easier to navigate and understand the rationale for some of the trickier methodological challenges.

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